

CAMPUS RECREATION WINTER 2017 SCHEDULE

	STUDENT	STAFF	ALUMNI	COMMUNITY			
DAY PASS	\$3	\$5	\$6	\$7			
ALL ACCESS	\$60	\$60	\$100	\$200			
103 STUDENTS	\$30						
WEIGHT & FITNESS ROOMS							
11:00 am	DAY FITNESS ROOM 1H.2						
6:00 pm	WEIGHT ROOM -1H.1			CLOSED			
GROUP FITNESS							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
12:00 pm	DANCE 3C.1	PILATES 5B.16	DANCE 3C.1	PILATES 4F.1			
12:00 pm	CIRCUIT 1H.2	CIRCUIT 1H.2	CIRCUIT 1H.2	CIRCUIT 1H.2			
12:00 pm			YOGA for PEACE 5B.16				
5:00 pm	BOLLYWOOD 0H.3	YOGA 3F./5B.16		YOGA 4F.1			
6:00 pm	PILATES 4F.1	RIPPED 4F.1	PILATES 4F.1	1249 4F.1			
6:00 pm	SPINNING -2H.1			SPINNING -2H.1			
MARTIAL ARTS							
6:00 pm	KARATE 0H.3	KUNG FU 0H.3	KARATE 0H.3	KUNG FU 0H.3		CHILD KARATE 1:30 PM	
7:30 pm		ADVANCE KARATE 0H.3				0H.3	
ROCK CLIMBING							
6:00 pm	CLIMBING -1H.2		CLIMBING -1H.2				
DROP IN SPORTS							
12:00 pm	PING PONG 3C.1	PING PONG 3C.1	PING PONG 3C.1	PING PONG 3C.1	PING PONG 3C.1		
12:00 pm		BADMINTON -1H.2			BADMINTON -1H.4 BASKETBALL -1H.6		
4:00 pm		SOCCER -1H.6	VOLLEYBALL -1H.2	BASKETBALL -1H.2	BADMINTON -1H.2		
WEIGHT & FITNESS ROOMS 11:00 am – 9:00 pm							
11:00 am	Day Fitness room 1H.2						
6:00 pm	Weight room -1H.1			closed			

NOTES: 5:00 pm Yoga begins Tuesday, January 31st

DEBIT OR CREDIT CARD PAYMENT ONLY

OPEN HOUSE JANUARY 23RD – 28TH